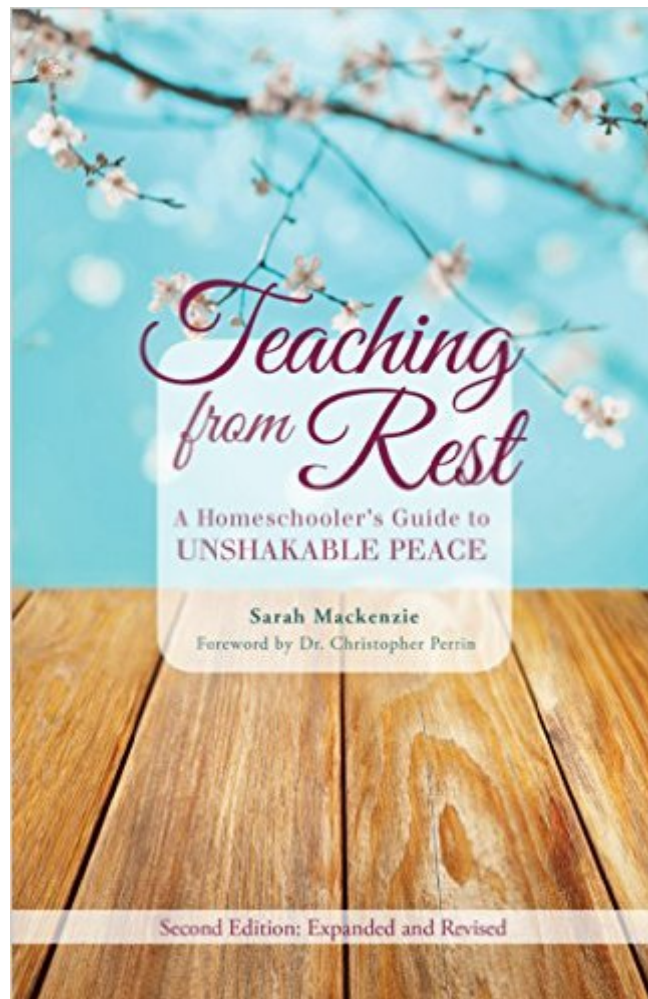


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# Teaching From Rest: A Homeschooler's Guide To Unshakable Peace



## Synopsis

This new, revised, and first print edition of Sarah Mackenzie's best-selling eBook version contains 35% new content! Those who have made the decision to homeschool their children have done so out of great love for their children and a desire to provide them an excellent education in the context of a warm, enriching home. Yet so many parents (mainly mothers) who have taken up this challenge find the enterprise often full of stress, worry, and anxiety. In this practical, faith-based, and inspirational book, Sarah Mackenzie addresses these questions directly, appealing to her own study of restful learning (schol<sup>Ã©</sup>) and her struggle to bring restful learning to her (six) children.

## Book Information

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## Customer Reviews

I read and re-read and re-read the first edition ebook. When this new second edition came out, I immediately purchased it - - - now there is something comforting in holding this book in my hands as I really digest the words of wisdom. This book is not just about homeschooling; it is about living. I'm a better wife and mother for it - - - not just a better teacher to my children. I am more at ease in my day-to-day living. I can breathe more easily through the chaos. I put this book right up there with *Real Learning* by Elizabeth Foss or *For the Children's Sake* by Susan Schaeffer Macaulay as mandatory reading before each school year. Sarah's book is definitely for a Christian reader and homeschooler who builds her house on God. The target audience is a Christian homeschooling mother - and one with classical and Charlotte Mason methodologies. I'm not sure how much it will resonate with those who do not share all of those qualities in the target audience. I am the target audience - and I feel Sarah has spoken directly to me over a cup of coffee, encouraging me,

reminding me of the Scriptures, softening my heart to see my children instead of the checklists, and holding my hand through the challenging job of teaching from a state of rest. I'll likely be reading this book quarterly for that little pep talk I need to re-focus and find that state of rest.

First of all, this is a good book. A very good book. I read it three times in a row to let its wisdom sink in. It gives an excellent reorientation toward a God-dependent commitment to the souls of our children, the reason that most of us are homeschooling in the first place. And it's not just philosophical; it's also practical. Sarah Mackenzie gives good suggestions for pursuing a restful home education setting, rather than a frenzied, academic-success driven one. But, I found myself wondering, how will this model look in the high school years? The author herself hasn't yet plunged into the waters of homeschooling high schoolers, waters that often feel very icy with uncertain post-secondary plans, SATs, dual credit options, and college applications circling us like sharks! She encourages parents not to worry if we don't finish the math book this year as long as we've focused on the deeper things of goodness, truth, and beauty, and I love her advice. For those of us with teenagers, however, who will soon need to enter or reenter the world of textbooks, standardized evaluations, and transcripts, our kids just need to finish the math book this year or they can't move on to the next level of math. Whether they see the beauty in Algebra 2 or are inspired by it is very easily shuffled off to the side in the necessity of passing the CLEP test so we can get a jump on college credits and possibly afford a college education. I'd love to see a Teaching High School from Rest after the author has the homeschooling of a few teens under her belt!

You've chosen to homeschool your kids. Over and above all you have to do, the responsibility to help these little people become big ones is now yours as well. How do you feel about starting the day? Do you have someone in your corner to encourage you, coach you, help you feel really good about choosing to homeschool? Sarah is that person. Do you have a Morning Time box filled with learning surprises your children are eager to explore? (My daughter had that of her own making, and never tired of exploration. It's so amazing that Sarah uses this concept to teach). Or do you have lesson plans only, and your children groan because you dare not deviate from the curricula? Filled with lovely photographs, brimming with common sense advice, this easy to read book is what you need to reignite that spark that called you to homeschool in the first place. Sarah offers you a mom's wisdom, a loving heart that treasures her time with her 6 children - just as you do. Even better, it's a sound heart filled with Christian wisdom. Come read this book and find rest from the labor of learning, with advice that will help learning flourish - instead of learning longing to

do something else. Mom, how many things do you have to get done before this day is done? Just one thing - make every moment special for your learners, rather than getting many things done. In Sarah's words: "Teaching from rest . . . means that we are doing one thing at a time, and we do that [one] thing with all our heart". This is a must have.

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